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.Jen: So impressed and, knowing your determination, I am.

I don't think I .

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My philosophy is you can't hide your crazy, so you may as well embrace it.

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.Jen: Wish I could have been there :-(-.

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Cassie Johnston is the author of Chia, Quinoa, Kale, Oh My! (4.11 avg rating, 9 ratings, 3 reviews, published 2015), Cooking with Superfoods (3.50 avg ra

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