

## Your Body (Look After Yourself) By Claire Llewellyn

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I could've written this post.

Paige Preston is [ ] 7 comments Juicy Yoga May 6, 2015 The Funny Stuff

.Jen: So impressed and, knowing your determination, I am.

I don't think I .

I would like to give immense, heartfelt thanks to each and every one of you! Thank you to everyone who visited my blog over the past several years and for following my adventures through every blog post.

My philosophy is you can't hide your crazy, so you may as well embrace it.

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.Jen: Wish I could have been there :-(-.

I can explain.

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Claire Llewellyn is a published author, Claire Llewellyn; Claire / Sheppard, Kate Your Body (Let's Get Healthy)

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